



HIGHWAY HYPODERMICS

THE E-ZINE NEWSLETTER

APRIL 15, 2004

VOLUME 1, ISSUE 3

[HTTP://WWW.HIGHWAYHYPODERMICS.COM/](http://www.highwayhypodermics.com/)

From The Editors

"HIGHWAY HYPODERMICS" THE BOOK IS ON THE WAY

BY EPSTEIN LARUE

"Highway Hypodermics" the book took one more step closer to becoming a reality this month.

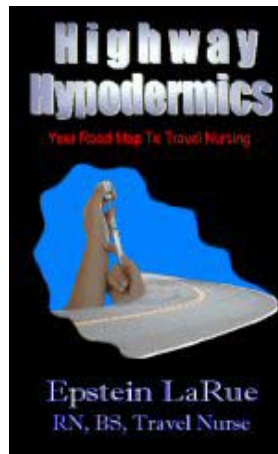
Through invitation, Epstein has recently contracted this, her third paperback, through Star Publishing, a premier publishing company, which uses the print-on-demand system. The book titled, "Highway Hypodermics: Your Road Map To Travel Nursing" will be released in January of 2005.

Why such a long wait?

Epstein has two other published paperbacks. "Love At First Type: An Online Romance, Based On Reality" which was published in January 2001, and then "Crazy Thoughts Of Passion" was published in January 2003. Therefore, to keep up with tradition, "Highway Hypodermics" will be published in January 2005.

Published in January of 2001, "[Love At First Type](#)" is about a nurse who falls in love over the internet. The story basis is actually the story of how Epstein met her husband, J.C. online.

Published in January of 2003, "[Crazy Thoughts Of Passion](#)" is a traditional romance about a nurse who falls in love with a patient's son. (click on the blue title to find out more information about both books).



What is "Highway Hypodermics" all about?

Helping other nurses down the road of travel nursing. This road map includes these chapters:

1. An Introduction To Travel Nursing
1. Benefits Of Travel Nursing
2. Do You Have What It Takes?
3. Your Travel Nursing Resume
4. Steps To Becoming A Travel Nurse
5. Understanding The Travel Nursing Company Structure
6. How To Choose The Right Travel Company, the Right Location, and the Right Hospital
7. Getting Ready For Your Assignment
8. Keeping Track of Important Information
9. Epstein's First Assignment Journal
10. Travel Nursing Stories From Other Nurses.

Why print-on-demand and Star Publishing?

Print-on-demand (POD) is a movement that was initiated in 1998 in answer to the necessity of literary authors and of undersized publishers to permeate impediments of inadequate circulation, need of monetary resources in publishing houses, and an inadequate association of bookstores. Although given at "bad rap" through the beginning years, POD is becoming more accepted as an alternative way to publish.

Star Publishing chooses authors and books that are destined to be "stars." This is a highly selective publishing company that not only believes in Epstein LaRue as an author, but "Highway Hypodermics" as a quality publication.

Quality is assured through professional editing. Editing in traditional publishing does not generally INCLUDE the author; whereas Star Publishing does NOT leave out the author.

The short of it all? This book promises to bring up to date information to nurses who are looking at travel nursing as an exciting nursing career.

Visit Star Publishing for more information on the book, "[Highway Hypodermics: Your Road Map To Travel Nursing](#)"

Destination Spotlight

TUCSON, ARIZONA

As one travel nurse stated, "Tucson will win your heart. You will love it from the beginning." Located in Southeast section, the second largest town in Arizona is where the cultures of the Hispanic and the Southwest are combined to create a culture of it's own. At night, the stars shine bright in the southern sky, and can be explored at the two observatories located in Tucson.

If you have a love of the outdoors, then you have found the place for fun. Our first stop is at the Tucson Botanical Gardens located at 2150 North Alvernon Way. The botanical garden is a five-acre collection of gardens that are special to the Arizona and Southwest gardening. In these gardens, you will find a historical garden, herb garden, butterfly garden, cactus garden, succulent garden, and a sensory garden.

The National Optical Astronomy Observatory is located at Kitt Peak, which is 55 miles southwest of Tucson. During the day, there are three daily tours. A program at night it also presented with an inclusion of observation through a 16" telescope. The observatory is key to the discovery of galaxy rotation curves, redshift galaxies, galaxy evolution, large-scale structures, distance scales, and star formation.

Our next stop is at the Flandrau Science Center, which is located at 1601 E. University Blvd. This facility includes a planetarium, an observatory, a mineral museum, a science stores, and a heliometer.

Both educational and entertainment programs are offered for all ages. If you stop in the evening, you can view the skies through a 16" cassegrain telescope. You can also schedule a star party with a few of your friends, and a student will come to your party and show your group the different constellations. The fun never ends at the Flandrau Science Center!

If you are after an outrageous time, you can visit the Reid Park Zoo, which is located at 1100 S. Randolph Way. Housed at the zoo is over 500 animals including reptiles, fish, and birds. Animals are found from all over the world. Educational programs are also found at different times during the year.

While in Tucson, you must stop plan a trip to see the largest cacti in the world, at the Saguaro National Park. With a life span of over 150 years, it only takes 65 years to begin to grow arms. You can choose to either go on a guided walk or enjoy several environmental educational programs. You can also enjoy backpacking, biking, bird watching, hiking, and auto tours.

Also located in Tucson is the Center for Creative Photography at the University of Arizona. The museum also functions as a photography achieve and a research center for the art of photography. Over two thousand photographers display over sixty thousand works. By making an appointment, you can participate in the PrintViewing program developed especially for the archives. Several other photographers can be viewed in the exhibition area.

If golf is your game, the city of Tucson has five municipal golf courses including the Fred Enke course, which features vast teeing area, large greens, and plenty of bunkers to maneuver around. This hilly terrain in the desert caters to every golfer with a choice of four tee areas.

The Randolph North course is the longest golf course in the municipal course system at over 7,000 yards. This course has five holes that the golfer will have to contend with water. Three holes were redesigned in accordance with PGA counsel as a challenge for the pro's. Randolph North is one of the most challenging golf courses that you will find in the area.

Silver Bell is located along the banks of the Santa Cruz River. With a flat terrain, this course caters to the occasional golfer. This course caters to the Junior Golfer, which lends to family golf outings.

El Rio golf course was the original site of the Tucson Open. This course is perfect for the precision golfers. Although not as long as the other courses, your game has to be on target for this course.

The newest course, Dell Urich opened in 1996 and presents impressive tee shots from the spectacular elevation variations from tee to green. It also sports an ample of bunkers, water, and trees to keep your game on track. No matter which course you choose, you will not be disappointed in Tucson Golf.

TUCSON, ARIZONA (CONTINUED)

If golf isn't your thing, then maybe shopping is. Some of the most interesting shopping can be found at the historic Broadway Village. Designed in 1939 by architect, Josias Joesler, it is known as the first shopping center in Tucson. As a mall built for pedestrians, you can stroll down brick path and view several "Mexican Plaza" style shops. Although a smaller mall, it is great with culture.

Other malls include Foothills Mall located on North LaCholla Blvd, St. Phillips Plaza on North Campbell Avenue, Casa Adobe's Plaza located on the corner of Oracle and Ina Roads. You can always find a gathering of people at the largest mall, the Tucson Mall at Wetmore Road. It not only has the big

department stores such as Macy's, Sear, and JcPenny's, but includes over 200 smaller shops, and includes a carousel for children.

After all that shopping, you can refuel your energy level at the Kingfisher Bar and Grill located at 2564 E. Grant Road. This refined kitchen offers fresh seafood, along with the best steaks, ribs, and chicken.

You might want to try the Tex-Mex style of La Cosa Brava located at 88 E. Broadway. Noted as one of the most recommended places to eat, the menu is diverse, and with chicken, beef, and pork dishes from Central Mexico. Do not expect the "usual" Sonoran style of cooking familiar to the Tucson area. Picked as the "Best Mexican

Restaurant In Tucson," you won't leave here hungry or disappointed. Mi Nidito, located at 1813 S. Fourth Avenue, is not well known among locals, but also celebrities, including former President, Bill Clinton. At Mi Nidito, you can enjoy traditional entrees such as burritos, enchiladas, and tamales.

While in Tucson, you can also enjoy Chinese, Greek, Indian, Italian, Middle Eastern, Seafood, Steaks, and Thai. No matter what flavor you desire, Tucson has it!

Whether you're exploring the skies, shopping til you drop, and eating until your stuffed, Tucson promises to bring many smiles.

Interesting Tucson Links:

<http://www.tucsoncitygolf.com/>
<http://www.ci.tucson.az.us/parksandrec/Zoo/zoo.html>
<http://www.nps.gov/sagu/>
<http://www.desertmuseum.org/>
<http://dizzy.library.arizona.edu/branches/ccp/home/home.html>
<http://www.tucsonbotanical.org/>
<http://www.noao.edu/kpno/>
http://dizzy.library.arizona.edu/images/swf/San_Xavier.html
<http://www.flandrau.org/>

"Though I may articulate the contemporary jargon of nursing, If I have not understanding that touches the heartbeat of my patients, I only generate chatter."

--Unknown

Company Spotlight

ATTENTIVE HEALTH CARE

[HTTP://WWW.ATTENTIVEHEALTHCARE.COM/](http://www.attentivehealthcare.com/)

What does your company do to "provide the healthcare industry not only with integrity and compassion?"

As a former traveler myself...I found that it is important to handle all people and situations with integrity and compassion. We are all want the same things; we want to be treated with dignity and respect, and to be valued.

At Attentive Healthcare my business partner and myself made that our mission when we started the company. It is important to us that we treat our in-house staff, healthcare professionals, and clients with integrity and compassion, we believe that it all begins with us. We have always believed that you do not have to a run business status quo, we have the opportunity to be different.

Integrity and compassion is the difference that we want to make. You will always get a straight answer from us and hope that each person that encounters us will find that "we are who we say we are." Our hope is that each professional feels that we genuinely care for him or her. We always want to do the best thing for our healthcare professionals and clients.

As healthcare professionals you give so much, and believe that you should be able to enjoy the people that you work for. There are too many hard things in life and Attentive Healthcare only hopes to make it a little easier.

Is it really true that ALL of your nursing recruiters once worked as travel nurses, and that my recruiter wont be a "used car salesman"?

It used to be true but I need to update our site. The company is owned and operated by an RN traveler (myself) and a former RT/business owner. All of our recruiters are not travel nurses. When we hire someone it is important that they treat our candidates with dignity and respect. One thing that makes a difference in the way our recruiters handle travelers is that they are not paid commission. Our whole goal is being able to connect with our healthcare professionals. We have found that this makes a difference because relationships are treated differently when the recruiters are not worried about their bottom line, but about meeting your needs. As owners we choose wisely, we want recruiters who will treat you well.

As your name implies, how are you "attentive" to your nursing staff?

Being a "number" is not what we are all about. We know our travelers names when they call and we want to know what is going on in your life. Being an advocate for you is important to us. Attentive Healthcare has the *feel* of a "small company", with all the "big company" benefits. Attentive Healthcare understands that everyone is different and has individual needs. We try to accommodate and be "attentive" to what our travelers needs are.

Why would I want to choose Attentive Healthcare over all the other travel nurse companies?

Our heart is for you, that is why we started the company 5 years ago. The goal was to be different from the other companies. We wanted to let people know that their work was valued and that what healthcare professionals do is so important. We have an excellent staff who are friendly, honest, compassionate, detailed, and fun to talk with! You will always get an upfront answer, we do not believe in playing games. Attentive Healthcare has a low turn over rate with our nurses. Our nurses say they have never been treated so good! Attentive Healthcare is an awesome company and we are looking to join hands with healthcare professionals to make a difference in this world! Come join us...

For More Information Contact:

Tamatha Grabin, RN, CEO
P.O. Box 6650
Sheridan, WY 82801

tamatha@attentivehealthcare.net

1-877-499-7606

<http://www.attentivehealthcare.net>

Hospital Happenings

**MEDICAL UNIVERSITY
OF SOUTH CAROLINA**
CHARLESTON, SOUTH CAROLINA

Several travel nurses that I have corresponded with, have mentioned Medical University of South Carolina, MUSC, as an excellent place to work. It is not only known well for its commitment to the community, but also known as a “traveler-friendly” hospital.

In the continuing tradition of quality care and customer service, the National Research Corporation honored it with the 2003 Consumer Choice Award in September 2003. This honor is only bestowed upon 175 hospitals in the United States. Congratulations to MUSC for receiving this award for the sixth year in a row.

What started out as a one building hospital in 1913 has grown to a 40-acre medical complex with more than 80 buildings. The Medical Center is comprised of three separate hospitals: The University Hospital, The Institute of Psychiatry, and The Children’s Hospital. Other entities of the University include the: College of Medicine, College of Pharmacy, College of Nursing, College of Graduate Studies, College of Dental Medicine, College of Health Professionals, and the MUSC Medical Center.

The Children’s Hospital comprises not only of general pediatric floors, but also comprises of a Pediatric Intensive Care Unit and a Level III Neonatal Intensive Care Unit. Other programs include a Child Life Program, Children’s Research Institute, Emergency Services, a Pediatric Burn Center, a Pediatric-Psychiatric Care, 20 areas of specialties, and surgical services. The Institute of Psychiatry provides specialty programs for adults, drug addiction, alcohol addiction, crime victims, employee assistance, forensics, geriatrics, weight management, and youth. Psychiatric research programs include: Alzheimer’s Research, Anxiety Disorder Programs, Brain Stimulation Lab, Center for Drug and Alcohol programs, Center for Advanced Imaging Research, and a National Crime Victims Research and Treatment Center. Research is currently being conducted on victims of child abuse, terrorist attacks, threats of terrorism, and violence against women. The University Hospital comprises of not only the “usual” hospital unites, but a digestive disease center, endocrinology, intensive care, hematology, infectious disease, nephrology, dermatology, rheumatology, immunology, neurology,

neurosurgery, orthopedic surgery and research, radiation oncology, general surgery, and urology clinical units.

MUSC Online publishes the “Catalyst Online” once a week to keep their faculty, employees, and students at the university up to date with happenings around the university and hospitals.

MUSC Online also provides a “Ask A Nurse” section, and “Ask A Pharmacist” section. These are great tools provided to the public free of charge that help educate the public about what is going on with them personally.

Why is MUSC among one of the top destinations for travel nurses? “MUSC is one of the most challenging places that I have ever worked. I learn something new every week. The hospital is made so much better also by the great city of Charleston.”

For more information on Medical University of South Carolina visit their website at: <http://www.musc.edu/>

Travel Nurse Motto #1: “I’m Just Here To Help”

Paperback Novels For Nurses

(Click On The Book Picture For More Information)



“Crazy Thoughts Of Passion” by Epstein LaRue

A geriatric patient is given an anti-anxiety medication right before the patient's son comes to visit. What the son walked into was horrifying. His mother wasn't just relaxed; she was comatose! He wants his mother out of that crazy hospital, and he doesn't care what that Nurse Malloy says! Kaitlyn certainly didn't need anyone questioning her nursing capabilities! But why did crazy thoughts of passion keep entering her mind every time that she looked at Mrs. Rosanthol's handsome son? Naturally, nursing ethics complicates this situation. She definitely doesn't need him to complicate her life! An intriguing look at nursing, ethics, romance, and... Crazy Thoughts Of Passion



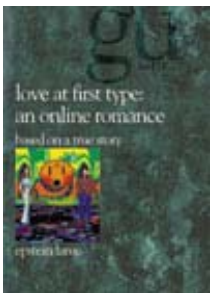
“Stolen In The Storm” by Melissa S. James

As travel nurse, Karissa Carpenter, travels from hospital to hospital, so do the incidents of newborns vanishing during violent storms. Does the fact that Karissa lost her newborn to Sudden Death Syndrome have anything to do with these babies “Stolen In The Storm”

Each time that Karissa is taken in for interrogation, young Dr. Braden Marcison is there to comfort the traumatized nurse, but does he have other plans for the traumatized nurse?

Things are not only busy at the hospital, but then Karissa's private life also takes a turn when her pregnant sister arrives to escape the wrath of their father who is a self-righteous, fundamentalist preacher.

This book, billed as a romantic suspense, has a twist and turn around numerous hospital corners. I enjoyed every minute of it! This ending will definitely surprise you!



“Love At First Type” by Epstein LaRue

Nurse Kathy's life was changed when she met Jack over the internet. They are not only separated by 1000 miles, but also 24 years! They find themselves chatting more and more each day. Soon they begin to contemplate the idea of making their romance a reality. The odds are against them... Can they make an Internet Romance an everlasting Reality Romance? Is it worth going against all those odds? Is there really such a thing as *Love At First Type*?

Thank you for subscribing to the Highway Hypodermic newsletter!

Epstein LaRue, Owner and Chief Executive of Highway Hypodermics
Melissa S. James, Special Consultant and Columnist

We do not buy or sell email addresses! You are receiving this email because you have signed up for this newsletter. If you feel as if your email address was harvested in error, PLEASE send us an email with the subject, “unsubscribe to Highway Hypodermics newsletter” to highwayhypo@yahoo.com. Your name will immediately be removed, and please accept our heartfelt apologies for this error. Copyright © 2003 by [Epstein LaRue dba Highway Hypodermics]. All rights reserved. Republication or redistribution of Highway Hypodermics is expressly prohibited without the prior written consent of Epstein LaRue.